

W I N T E R 2 0 1 7

the

Acton Action

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It's Spring! No It Isn't! It's, It's...

Well, just when you thought it was safe to go out on the water, the faux Spring has disappeared and been replaced with a cold snap, not faux. All of it is just a reminder about how mixed up Mother Earth is these days. We will try to make things better for you by dedicating this issue to all things April despite the bulbs pushing up from the ground in February and the 70 degree temperatures that have both astounded and confounded us the past two months. You see, winter comes in segments these days. It was basically all over by Christmas, except for a few days where I sat in the snow. (More inside about that.) (pg. 2)

In our last issue, we said we would make the next issue a buyer's guide to sailboats. That issue is still in the works, but we are still planning to give some good advice about buying the right boat.



Racing and Social Calendar Finalized; 2017 Is Happening!

No sooner had the calendar for 2017 gone up on the website than we had inquires about sailing camps and learn to sail classes. February has produced better sailing weather than last July did, so people are naturally thinking about getting the boat out of the barn and heading out for the sunshine and the water. Trouble is, well, it's February and early March. Just ask the fish at Acton Lake. The water is still cold. Inside this issue, we try to forget the sunshine and wind now and dream about the sunshine and wind to come. *Full calendar on page 6.*

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It was cold out there - for a while

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HSA programs need people to make them work. What can you do?

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We remember Carolyn with stories and photos.



What I Did Waiting for Spring

OK, what have you been up to? Taken the "Cold Cure"? I tried it. Did you get any sailing related gifts for Christmas? I did.

Simply Suckered

So, my wife buys me a shirt to wear at her family's Christmas celebration. Everybody had to wear one, so I had to do it too, despite my heavy opposition to Christmas shirts in general. She bought me the one pictured at left. And I decided to wear it. After all, it had a sailboat on it. Then my niece arrived fresh from her first semester in college in North Carolina. Seeing my shirt, she gasped and laughed. "What are you laughing at?" I asked. She proceeded to tell me that the "Simply Southern" brand I was wearing was all the rage at her college - among the sororities. I guess that's why there was a logo on the front of a little golden bow. The website says "a new kind of clothing for the southern lady". My wife thought it was funny. That's her and our horse laughing about it. My wife is on the right.



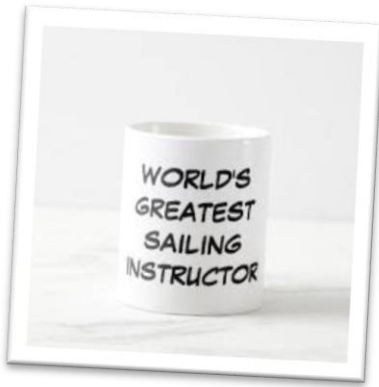
Wim Hof Ain't Got Nothing on Me

I waited patiently for even this little bit of snow to fall, determined to do more than spend a few seconds with the shower on "cold" (which, by the way, is painful). After all, if Wim Hof (see last issue of AA) could climb Mt. Everest in his bathing suit, I could at least sit a while in the snow and meditate on... why I was sitting in the snow meditating.

I didn't last long. The soles of my feet were aching with frost induced hypo-un-thermia and my butt was losing feeling fast. In this picture, you can't see me telling my son Kofi to "hurry up and take the dang picture!" He did manage to quickly snap a shot of me hotfooting it to the house as soon as the photo session was concluded. There were other photos of me posing in the snow but I burned them all. To get warm.

Giving up on the "cold cure"? I'll do it again. But I have lots of time before the next snowfall. I think.





HSA Calendar Includes Schools, Camps and Clinics

If you take a close look at the 2017 schedule you will see that your club has dedicated eleven days to six different teaching events in the coming year. In addition to our two sailing schools in May and June, there are the two camps in July for juniors and ladies. Along with those dates are two others set aside for Learn to Race clinics. Those two clinics will also have a Learn to Committee component so people can sign up for either one on those days.

Learn to Committee

The Learn to Committee component of Learn to Race is for those who want to earn their stripes as committee boat personnel for setting up and running our Sunday race days. It is an important step toward becoming assigned as Race Chair - the person who takes responsibility for the committee and the racing on race day. This instruction is done on same days as race clinics and offers the Learn to Race practice events as committee practice.

Learn to Race

The Learn to Committee portion is for members only. But anyone can sign up for either of the two Learn to Race dates. In those clinics, participants will get a chance to learn more about things like starting, getting to the

first mark, and rounding marks as well as ask questions and learn about tactics and rules. Each race clinic includes an on the water practice session following the on shore instruction. If you are interested in either, sign up now. The first clinic is on Saturday, June 3.

Introduction to Sailing

The Introduction to Sailing schools on May 20-21 and again on June 24-25 are for those new to the sport. We are already registering for those two dates. Put those dates in your calendar if you are volunteering to instruct or be on committee.

Junior Camp

We have lost count of the number of years HSA has been conducting junior camp but it is near or around 40. It takes a lot of people to pull this off. Camp is already full. Contact Jerry and JoAnn Callahan for more info about helping out on July 10-12.

Ladies Camp

Also a long running program, HSA Ladies Camp follows right on the heels of Junior Camp. There are some enrollment spots left here for this two day event on July 13-14. You don't have to be a member to do this.

Volunteering at HSA in 2017

April 15 Boat Day Work Party!

OK, it is more work than party but here is your chance to give back. Normally this day is for setting up and launching the committee boat and the crash/rescue/mark setting boat, but we have a bunch of Sunfish to work on as well as our two Capris and the Flying Scot. That's nine boats! Bring a little elbow grease and we'll have a party too. Contact Harbormaster Don Fecher at dfexskip@aol.com



Capri 14.2's



Flying Scot



Sunfish



HSA's new committee boat is a beauty, but you are going to have to learn how to handle it.

If you want to help on committee, get your membership in soon so the Rear Commodore Laura Beebe can make committee assignments. Don't worry if you are a novice. The Race Chairs will break you in gently. Learn to Race also needs volunteers as does the Club Championship in July, Beach Day and the InterFleet championships. Lots of choices. Let's make this a great year for HSA. The first step is stepping up! (Use this email for volunteering: jbrewster@borobots.org)

Sailing in February!

Commodore Jerry Brewster and wife Darrilynn sent us a video postcard of them flying on a Hobie down in Islamorada, Florida last week. They also posted it on Facebook (not HSA's) so some of you may have seen them racing along the shore. The water was green in the video but Jerry says it was much bluer. The green was just a reflection of our envy. 15-20 winds; 82 degrees. Reminds us of ... last week in Ohio, actually. Check it out at <https://youtu.be/7vzCkCzJG90>



That's me, after I found out about my Christmas shirt. See page 2.

Sportsmanship: Some Advice About How to Play

by David Dellenbaugh

When it comes to the subject of sportsmanship, I have two favorite quotes that I recommend to anyone looking for guidance. The first is from one of Stuart Walker's many books. He wrote: "Winning is the object of the game, but it is not the object of playing the game." The second quote is from Paul Elvstrom, the Great Dane, who once said, "You haven't won the race if in winning the race you have lost the respect of your competitors."

Whenever, I start to get too obsessed with winning, I take a deep breath. I also think about sportsmanlike role models and examples of fair play. To me, sportsmanship includes fairness, courtesy, friendliness and many more qualities that are just as important on shore as on the water. The bottom line on good sportsmanship in sailing, as in most other parts of life, is the Golden Rule. In other words, "Do unto others as you would have others do unto you." If you always treat your teammates, your competitors and everyone else involved with the sport as you would like to be treated yourself, then you won't have to worry about sportsmanship.

Here are some practical ideas on how you and your friends can be good sports and encourage a more positive atmosphere in your fleet and club. Compliment your competitors when they make a good move or sail a good race. Nothing feels better than acknowledgement and appreciation from your fellow competitors. Don't just say "Good going" to the first couple of boats, because they'll hear that a lot. You'll make a much bigger impact if you notice what someone in the middle or back of the fleet did well, and appreciate that.

Abide by and enforce the rules. It's clear that winning is a major objective of sailboat racing. Unfortunately, some sailors are tempted to overstep the boundaries of the rules to attain

this end. That's why it's important to commit ourselves to sailing within the rules. When you play fair and square, you will win just as many races, and I guarantee the respect you get from your competitors will be much greater.

Another part of being a good sport is taking responsibility for enforcing the rules. We all want to be nice guys who don't make waves. But our sport is a self-policing one. If we don't enforce the rules out there, no one will. I'm not suggesting you become a sea lawyer – but encouraging rule compliance will make the game better for everyone.

Share your knowledge by being a teacher. Learning and improving are a large part of what our sport is all about, and these happen much more quickly when we work together. If you can help someone understand how to sail his or her boat even a little better, then you'll both "win." You don't have to be a "rock star" in order to help other people become better sailors. No matter what your skill level, there are always some sailors who can learn from you. In fact, you may do a better job if you're not the class champion, because you'll be more accessible and less intimidating.

Give other boats the benefit of the doubt. One of the best things you can do while racing is to treat your competitors as you would like to have them treat you. For example, let's say you're approaching the jibe mark and a boat that's overtaking you from behind is pressing for an inside overlap. You may not even be sure yourself if they have gotten an overlap or not. So instead of automatically yelling "No room," give the other boat a break by saying "Go ahead." This may cost you a boat or two in the short run, but remember, in the long run you will "reap what you sow".

(Continued on next page)

Sportsmanship (continued from previous page)

Give praise to the other people in your boat. It's not uncommon for skippers to be critical of their crew while racing. Unfortunately, negative motivation is not nearly as good as positive reinforcement. So think positively. If you're a skipper, look for ways to compliment your crew: "Hey, that was a great roll tack." "Nice job on the pole." "Good call on the layline."

If you're a crew, try to find ways to appreciate your skipper like: "Great start!" "Good job steering the waves." "Way to get inside at the mark." This type of encouragement will help everyone feel more confident and better about themselves. It also makes it easier to handle a little constructive criticism once in a while. This will improve not only your performance on the race course, but your relationship after the race as well.

Be a good role model. The primary way for junior sailors and new sailors to learn about what's sportsmanlike in sailboat racing is from people like you.

You can make a difference, so set a good example! Sailing is a great sport because it puts the question of sportsmanship squarely in our own hands. In most cases, we don't have referees who force us to follow the rules and penalize or fine us when we don't. That's why we must continue doing things like those mentioned above.

If you treat other people with respect on the race course, they'll treat you with respect, too. That not only increases your chances of getting a few breaks in the race, but it will make you more successful in the rest of your life too.

David Dellenbaugh

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America's Cup winner and editor of Speed and Smarts

Condensed and Reprinted from the Clever Pig - a resource website for racing sailors
(Thanks to Jerry Callahan for sharing this article)

Racing, Teaching and Social Calendar for 2017

Ice Cream Social - 1:30 Saturday April 15
Memorial Day Potluck Dinner 5:00 pm Sunday, May 28
July 4th Potluck Dinner 5:00 Sunday, July 2
HSA Brunch 11:00 am Sunday, July 23
Beach Day! August 6
Labor Day Potluck Dinner 5:00 Sunday, September 3
HSA Haul Out Luncheon 11:30 Saturday, October 7

April 15 Launch Boats! 10:00 a.m. Work Party for all HSA committee boats and HSA sailing fleet before Ice Cream Social at 1:30

April 23 Spring Series begins with 1st Races

April 30 2nd Spring

May 7 3rd Spring

May 14 4th Spring

May 20-21 Sailing School - Intro to Sailing #1

May 28-29 Memorial Day Series

June 3 Learn to Race #1 (Saturday)

June 4 Founders' Day Sunfish Regatta**

June 11 5th Spring

June 18 6th Spring

June 24-25 Sailing School - Intro to Sailing #2

July 2 and 4 4th of July Holiday Series

July 9 Camptown Races Sunfish Regatta**

July 10-12 Junior Sailing Camp

July 13-14 Ladies Sailing Camp

July 16 HSA Club Championship*

July 23 Fall Series Begins 1st Fall

July 30 2nd Fall

August 6 Beach Day!

August 13 3rd Fall

August 19 Learn to Race #2 (Saturday)

August 20 AuGusto! Sunfish Regatta**

August 27 4th Fall

September 3-4 Labor Day Holiday Series

September 10 Interfleet Championship (also rain date for July 16 Club Championship)

September 17 5th Fall

September 24 6th Fall

October 1 OktoberFast Sunfish Regatta**

October 7 Work Party Haul Out and Luncheon (Saturday)

October 15 Round the Lake Race - all fleets*

* New to schedule

** Sunfish Series/Sunfish only dates



In the top photo, Jim and Carolyn sail in their Snipe back in the day. Below that are Carolyn and Jim on the right at an October haul out with George Fecher. Below that, Carolyn helps out with the spelling of "Hueston" at an HSA banquet a few years ago. That's Kelly Buchert on the left - then Dawn Gunter, Carolyn, Andrew and Kathy Wilson, and Megan and Kevin DeArmon. In the bottom photo Carolyn is at junior camp with her grandson Will.

HSA Mourns Passing of Carolyn Hater

In February, HSA lost one its long time members and supporters, Carolyn Hater. Carolyn, age 73, was an active member for many years at HSA, first in a Snipe with husband Jim (who preceded her in death just a few years ago), then with him in their Y-Flyer. She leaves behind three sons, all professionals, and their families, including ten grandchildren. Carolyn was also a great friend of the junior program, helping there for many years and bringing members of her own family to the sport of sailing. Below, some of our current members recall Carolyn.

Carolyn had the educator gene as demonstrated by her many years of involvement in the Junior Sailing Camp, not as an instructor, but as an encourager of all the young sailors. The sailing club was an important part of both her and Jim's life. The grandkids got exposed to sailing through Junior Camp and continue to participate to this day. Carolyn supported Jim on the race course as evidenced by the picture of Snipe 22562 with Carolyn in yellow rain gear performing her duties on a rainy day.

Carolyn enjoyed the Second Wind Club luncheons and stayed actively involved in the sailing club after Jim passed away. She was a kind lady and I enjoyed her company. - Pete Peters

My first race committee assignment was with Jim & Carolyn Hater. They invited another couple to join them on the committee boat and basically told me to stay in the rescue boat in the hot summer sun while they enjoyed the shade on the committee boat. ☹ On one of the last Junior Camp weeks that Carolyn attended, one of the tents that the juniors used leaked and filled with water during a rainstorm. That evening Carolyn called someone and had them deliver several tarps, ropes, and poles. Then she instructed Bill Molleran and I how to erect a tarp shelter over the leaky tent. Her heart was in the right place, but she was very particular that we follow her building instructions to the letter. She must have known that Bill and I are electrical engineers and not industrial or mechanical engineers. - Jerry Brewster

One year, due to a misspelling, the Redskin Regatta became the Boats-Beer-Bras Regatta instead of Boats-Beer-Bratts Regatta. I quickly gathered a bunch of bras from anyone who would donate and hung them all over the Hueston Room. I must say that Carolyn Hater had the prettiest undies of anyone in Fleet 25. - JoAnn Callahan

I attended the funeral Mass for Carolyn at St. Dominic Catholic Church in Delhi. One of the priests who spoke gave an uplifting, personal eulogy. He mentioned Carolyn's involvement in sailing and in camping which we Hueston Woods sailors can attest to. He closed his talk by paraphrasing a poet who described a boat sailing from shore, getting smaller and smaller until it disappeared over the horizon. He reminded us that from the opposite shore the boat gets larger and larger until it arrives at its destination. He finished the sailboat metaphor by saying, "Jim has the boat ready. He is waiting for you,

Carolyn." - Rose Schultz