November 15 2015

Acton Action

A Publication of Hueston Sailing Association



HSA Banquet Brings Fun to a Close

What are all those happy people smiling about?

It was quite an evening. After a little wine, a few games, and dinner, HSA's awards banquet brought the 2015 season to an official close.

The dinner, attended by 47 or so of HSA's best and brightest, led off with sommelier Charlie DeArmon's wine tasting event and ended with the presentation of awards for the

All Hail Jerry!

AA introduces new Commodore Jerry Brewster

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Sunscreens

We dope you up with the latest in sunscreen info and technology.

2015 season, the club's 59th year of sailing on Acton Lake.

With different ringmasters taking over for different portions of the evening, the club honored its officers, its racing skippers and crews, and its sportsmanship and service recipients.

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Awards Galords!

Pictures, stories, and accolades from the HSA banquet

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All Hail New Leader!

First he was given the Larry L. Johnson Challenger Trophy for his important participation in the club this past year. Then he was promptly elected as the new Commodore of HSA.

Just where did this fellow come from and why is he here? Well, we have the happy answer for you. Jerry, along with his wife of 23 years, Darrilynn, and his two children - Isaac 21, and Brianna aged 19, came to HSA in the early aughts.

They were a bit conflicted since they belonged to three different sailing clubs simultaneously. Which just goes to show how much passion they all have for the water and sailboats?

More on page 9.

Sunscreens: Dr. Derma Gives Us the Straight Skin - ny

The next generation of sunscreens are just hitting the market. Which one is best for you?

Choosing the best sunscreen is important but, according to Henry Lim, chair of dermatology at the Henry Ford Medical Center in Detroit, even more important is using it correctly.

The experts say to do this: Apply sunscreen 15-30 minutes before you got out. Don't skimp either.

Don't forget the easy to miss spots like your ears, your feet, the back of your legs, and, if you have one, your bald spot. Use UV protective lip balm as well.

Reapply it at least every 2 hours. Leave a tube in your boat and do it between races.

Sunscreen Choices

Both WebMD and my dermatologist recommend L'Oreal's Anthelios SX and products containing Helioplex which offer the best protection against both UVA and UVB rays.

It's expensive though, about \$30 for a 4 oz tube. But here are some others that are effective at half the cost.

All Blue Lizard products at about \$16.50 for 5 oz. are

Wear it even on overcast days where 80% of the UV rays still make it through the clouds. Do it even in winter.

Most clothing only has an SPF of about 4 so don't rely on it to protect you. There are shirts and pants available now that have an SPF of 50.

Wear sunglasses and a hat and darker clothing if you don't have SPF wear.

SPF (sun protection factor) numbers are tricky. An SPF of 15 means that if you normally burn in 10 minutes, an SPF 15 will protect you by a factor of 15, meaning you could go 150 minutes without burning. SPF 30 isn't twice as good as SPF 15, but you will go from 93% to 97% coverage.

also a good bet. This is an Australian product and they know sun.

Also mentioned were sunscreens by SOLBAR and Skin Ceuticals. Both are SPF 30 or higher. Cerave AM and Kinesys were also on the list. Each brand comes in varieties for sensitive skin, moisturizers, and degrees of waterproofing.

The bottom line is protection. Don't feel the burn. ₂

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Henthorn and Bode Get Salute

Racing Award Accompanied by Surprise

While known for their competitive skills on the water, Roger Henthorn and Bobbie Bode received another award last Saturday night at the 59th HSA Awards Banquet.

The racing couple was awarded the U.S. Sailing Sportsmanship Award to go along with their trophies for winning several Y-Flyer events and series during the 2015 season.

The two were recognized for their contribution and promotion of sailing on Acton Lake. In addition to often being the first to arrive on race day, they are frequently checking on HSA equipment for repairs, launching and retrieving HSA boats, helping out at camps, helping on committee, and volunteering to run regattas for Miami University's sailing club. Bobbie has been on nearly every Sunfish Series race committee for several years, while Roger has helped in every Learn to Sail class, missing only once in ten years.

Despite some legal difficulty with a raccoon squatter earlier this year, the duo went on to win the Spring Series and the Labor Day Holiday Series in a Y-Flyer. They also finished second in the Fall Series, Memorial Day, and the 4th of July.

Both of the members of this long time sailing team are, in addition, avid outdoor enthusiasts and have a keen interest in all things Hueston Woods. They can tell you where the baldest eagles are and name nearly every inhabitant of the nature center. Kudos!

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A slide show featuring the people and events of the past season added to the evening's fun, an evening which included a nautical body spelling game, won by the table inhabited mostly by junior sailors. Which is interesting since few of them really know how to spell.

The evening also saw a changing of the guard with the election of Jerry Brewster as Commodore for the upcoming season. Outgoing Commodore Charlie DeArmon handed over the gold epaulets to Brewster at the banquet and both were showered with affection and praise for what they have done and/or what they are about to do.

Next year is HSA's 60th and talk has already begun about how we might celebrate six decades of sailing and racing at Hueston Woods.

Vice Commodore Rose Schultz organized the event and it was once again executed with perfection.

Look elsewhere in this issue for how it all turned out.



Several of the juniors in attendance gathered for this photo. Left to right, Clayton Snider, Kevin DeArmon, Kayla Draper, Megan DeArmon, Katie Lockhart, Cosette Gunter, and Kofi Gunter. Not pictured are Jack and Charlie Cooper. Jack had a hockey game the next day and had to leave early.



Also present were five former recipients of the HSA Junior Championship. Left to right, Chris Snider, Megan DeArmon, Pete Peters, Laura Beebe, and Kevin DeArmon. Megan, this year's repeat champ, holds the trophy that bears the name of every honoree dating back to roughly the Ming Dynasty.

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HSA Racing Awards 2015

Hobie Fleet

Joe Buchert

1st Spring, 1st Fall, 1st Memorial Day

Don Fecher

1st 4th of July

Mike Weir

1st Labor Day

Y-Flyer Fleet

Roger Henthorn/Bobbie Bode

1st Spring, 2nd Fall, 2nd Memorial Day, 2nd 4th of July, 1st Labor Day

Pete Peters and Rose Schultz

2nd Spring, 1st Fall, 1st Memorial Day, 1st 4th of July

Sunfish/Handicap Fleet

Megan DeArmon

1st Labor Day, HSA Junior Champ

Kevin DeArmon

1st Spring, 2nd Memorial Day

Jerry Brewster

1st Fall Series, 1st Memorial Day Founders Day Sunfish Regatta-May

Tom Katterheinrich 1st

Camptown Races - July

Laura Beebe 1st

AuGusto! - August

Brian Callahan 1st

OktoberFast

Bill Molleran 1st

Singlehanded Sunfish Series

Mike Stratton 1st

Bill Molleran 2nd

Laura Beebe 3rd

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At left, JoAnn Callahan reads a poem as part of her acceptance of the Bob Darlin trophy for distinguished service. Above, JoAnn announces the reinstatement of the HSA Sunfish "Cup"



At left, Rear Commodore Laura Beebe announces winners and hands out awards.

At right, Megan DeArmon takes home the junior championship trophy for the second year in a row.





Yours Truly Awarded Peters Trophy; Truly Nice

One of HSA's most handsome awards is the recently refurbished Frank Peters Sportsmanship Award. The award, which dates back to the early 1600's (or 1972 if you like), is given to someone in the club who has demonstrated sportsmanship throughout the season.

As the now current holder of that award, I can say truthfully that I need to

be much better at that. If the award were given for passion about sailing, that one I can claim. The award criteria says "sportsmanship is not to be construed as winning". Amen. Having been shut out completely in the Y-Flyer awards, I qualify there.

Thanks, HSA.

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Clean Up in Y-Flyer Aisle 1

Team of Peters and Schultz Announce Competitive Arrival

Shortly after winning their first Y-Flyer race together on Memorial Day 2014, Pete Peters and Rose Schultz humbly thanked all who congratulated them. Little did we know that they were about to embark upon a ruthless all out assault on the Y Fleet. At first just a couple of close finishes evolved into horizon job victories. For Rose it was Pete's request to join him in that holiday series. He promised her that he wouldn't ask her to help put the boat away so she could go work in the Hueston Room. As time went on, they found out how compatible they were and became a permanent team. Pete, she says, is a skilled skipper who is willing to discuss strategy. He, on the other hand, gives all the credit for their success to Rose's smooth handling of the jib and the whisker pole downwind and her tactical prowess. Their collaboration is working. The two kinda dominated the Y competition this past season. Both have a Y-Flyer pedigree. Pete and wife Linda sailed their boat together for a long time, as did Rose and her husband George. Both turned to singlehanded racing after that but have now found a new chemistry sailing together in the Y once again.



That's Rose and Pete below. At left is junior Kevin DeArmon, winner of the Sunfish Spring Series and stalwart on the line of Oakwood High School's football team. Kevin also finished second in the Memorial Day Series.



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Sunfish Regatta Season Sees Good Participation

26 Different Boats Come Out for Singlehanded Series

It all began in May with the Founders Day Regatta and lasted straight through to the final race day of the season. Before it was over, 26 different skippers had tried their hand at grabbing the brass ring.

Among them were nine juniors and seventeen "older" racers. No other HSA racing can boast of such participation, with each regatta's number in double digits.

Nine skippers qualified for trophies by racing in at least half of the 18 races held on those four regatta dates. Two more came within one race of qualifying.

Scoring in the series is simple. Scorekeepers count only a racer's best finishes for half of the total raced. This year, your best nine races were used in the calculations.

And this year it came down to the wire. Only two points separated the top three qualifiers. Only two points separated the next three boats as well.

The best average race of the nine qualifiers belonged to super Sunfish owner Laura Beebe with an average finish of 3.077. Only Tom Katterheinrich's 2.4 average was lower but the Wizard of St Mary's only raced five races.

It pays to play. The more races one has in the series, the more bad finishes can be thrown out, and the more good ones can be counted. In the next column are the standings for the season long contest with average finish noted. The average is for all races including the throw outs.

1. Mike Stratton		
2 2 2 1 2 1 2 1 2 1 2	15	3.389
2. Bill Molleran		
1 2 3 3 2 1 2 1 1	16	3.462
3. Laura Beebe		
1 3 3 1 1 1 2 4 1	17	3.077
4. Brian Callahan		
2 4 1 1 2 5 4 4 1	24	4.692
5. Rose Schultz		
234241243	25	4.611
6. Roger Henthorn		
3 3 3 2 3 2 4 3 2	26	4.056
7. Kevin DeArmon		
346546836	45	6.231
8. Charlie DeArmon		
774675576	54	7.389
9. Jerry Brewster		
775477663	60	6.462

(Four participants raced all 18 races on all four dates: Yours Truly, Rose Schultz, Roger Henthorn, and Charlie DeArmon. All the remainder raced 13)

New Commodore Has Back Story

Don't Worry; It's All Good

Even though our new club skipper was born within walking distance of several yacht clubs in Long Island, New York, it would be several years later as an adult in Ohio that he got his first opportunity to sail.

The UD grad has a bachelors in electrical engineering and returned briefly to New York after school to work at (no joke) Hell Graphics Systems, which explains a lot.

Fortunately for us, he came back to Dayton to work at NCR and that's where he met Dan Haile, a Y-Flyer enthusiast, who once sailed and raced with us at HSA. That experience led him to buy a Hobie 16 (not sure why) and sail at Caesar's Creek with his new wife Darrilynn.

The arrival of children meant the sale of the Hobie and the purchase of a Capri 14.2, a boat the family still owns and sails. The Brewsters also have a couple of Sunfish and recently acquired a MacGregor 19 power cruiser.

The seller of the Capri offered Jerry a position crewing on a J-24 at Brookville Lake which he did for about five years. As the family got more into sailing, the Sunfish came along for Darrilynn to use at Ladies Camp and for the kids to use in HSA's junior camp.

Eventually Jerry and son Isaac would take a big boat, a Morgan 41, with a group of boy scouts and sail around the Florida Keys.

Jerry is also a Sunday School teacher at St. Mary's in Springboro where the family now lives. He is also the Director of Springboro Robotics, a program he initiated, and Tournament Director for the Springboro FLL Regional Tournament.

That's all in addition to his job at Serco-NA, a company that contracts to the US Air Force, where he is a Logistics Consultant and Operations Research Analyst at Wright Patterson Air Force Base.

Besides sailing, the Brewsters enjoy skiing, photography, travel, and family time.

Darrilynn works for the Washington-Centerville Public Library. Isaac is at UC where he is studying chemical engineering while interning for the EPA. Brianna is at Shawnee State studying to be an intervention specialist (special education teacher) and works as a Resident Assistant in a campus owned apartment building as well as doing some lifeguarding.

Meet the Brewsters! Aren't we lucky?