# Acton Action

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## High School Sailors

The Lockhart girls at Talawanda are planning to bring their outdoor club to HSA on May 17<sup>th</sup> for a Learn to Sail adventure. This is a great opportunity to introduce high schoolers to the sport and we are glad for their interest and work on behalf of sailing.



Long time HSA member Gwen Marshall was spotted on the ballot Tuesday by an alert member who saw her name up for the 4<sup>th</sup> district State Central Committee for the Green Party. You go Gwen! And yes, she won.

## Founders' 58 Coming

Sunfish! Get ready to rumble. The first Sunfish Regatta of the year, the **Founders' 58,** is coming in two weeks on May 18<sup>th</sup> and promises to be a great event with food, trophies and lots of boats. No registration or fees.

The name refers to the years since the club's forming in 1956. The race is the first in the seasons' four Sunfish only regattas. Each Sunfish event has its own awards, but the club will crown a series champion in November.



Joe Fulford after a soft touch to the dock.



Brendan relaxes after racing Sunday



Pete and Rose pack sail after putting Y 2702 to a test.



Kevin smiles as he hauls boat to Sunfish Island.

# Wind? Yes!

HSA fleets returned to the lake for a second weekend in a row with the wind roaring across the lake, this time warmer and not so white cap-y. Several cruisers were out enjoying the air, but mostly it was race day thrill seekers who braved the breeze and defied the threat of cold water.

Many returned from the first weekend two weeks ago but some came for their first outing. According to cat sailor Joe

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#### What Does the Well Dressed Sailor Wear?



- 1. A full brimmed hat to keep sun off face and neck
- 2. Polarized lenses for better reading of wind on water
- 3. Dri Fit shirt with UV protection for warmth, comfort and style
  - 4. Life vest USCG approved. Ya just float better.
    - 5. Glubs! It's all about the grip
  - 6. Polyester pants, anything but cotton. No low riders, please
    - 7. Boat shoes. Docksiders, water shoes... Chucks?
      - 8. The well outfitted sailor casts a long shadow.

### Learn to Sail Class Full!

The June 7-8 Learn to Sail School roster is full as of last week, a somewhat phenomenal occurrence given the fact that no advertising has taken place. Most of the participants found our website. The two day school sails in Y-Flyers, catamarans, and the club's Flying Scot. Here is who's coming:

Tim O'Brien/Marianne Kiely

David Pledger

Stephen Hyatt

Ray and Marilyn Hugger

Sue Sivertson

Elizabeth and Amanda Potter

Mounir Fertikh

Gerry and Connie Johnson

Mark and Theresa Bengel

### (Continued)

Buchert, Sunday "was great for knocking the rust off. It felt like we hadn't sailed in years."

Some of those who did return from week one thought the wind was even stronger than the foam whipper of the previous week. "Definitely shiftier," said Sunfisher Jerry Brewster. The Sunfish fleet was joined by two boats from Miami University's racing club. Brewster won both starts coming in on port tack but, in his words, "fumbled" at the marks in both races, touching one with his mainsheet for which he did an unnecessary 720 (two penalty turns).

Junior Sunfisher Kevin DeArmon caught him in race one and Brendan Draper caught a breeze near the finish to eclipse the Sunfish in race 2. The Miami boats did well in both races and seemed to feel right at home mixing it up in the handicap start with the Sunfish. Miami sails Flying Juniors, a two man, two sail dinghy.

In Y-Flyers, a new cast of characters took the course but only a few made it to the end. Yours truly had a jib sheet fly off and then broke a shackle on the mainsheet pedestal. The only thing to do was limp off the course and let Roger Henthorn and Pete Peters fight it out. Pete led in the first race for a considerable distance before finally succumbing to the wily *Summerfair* duo.

Wind speed ranged from 10 to 15 mph, just as advertised, and dared anyone to come out and master it. Mission accomplished.

#### Catamarans

Joe and Kelly Buchert	1 2		3	
Charlie Buchert	2 1		3	
Ryan Servizzi	3 3		6	
Y-Flyers				
Roger Henthorn/Bobbie 1 1				2
Pete Peters/Rose Schultz 2 2				4
Mike Stratton/Kofi	DNF	DNS		6
Handicap				
Miami 3	2	1		3
Kevin DeArmon	1	4		5
Brendan Draper	4	2		6
Jerry Brewster	3	5		8
Miami 5	5	3		8

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### LEARN HOW TO SAIL -SAILING RULES & INSTRUCTIONS

Mastering basics means being familiar with essential right-of-way sailing rules. One thing to remember is that there are different right-of-way sailing instructions for sailboats as opposed to powerboats. Continue reading below for a helpful overview of basic sailing rules, based on the COLREGS (International Regulations for Avoiding Collisions at Sea):

- **1. Always maintain a proper lookout by sight** as well as hearing to avoid colliding with other boats
- **2. Maintain a safe speed at all times** so that you remain in control of your boat
- **3.** Use common sense when assessing risk of collision with other boats near and around you
- **4. Port tack gives way to starboard tack:** If two sailboats are approaching each other and the wind is on a *different* side of each boat, then sailing rules are that the sailboat which has the wind on the port side must always give right of way to the other. (The port side is the left-hand side of the boat when you are facing the front.)
- **5. Windward gives way to leeward:** If two sailboats are approaching each other and the wind is on the *same* side of each boat, then sailing rules are that the vessel which is to windward (the direction of the wind) must give the right of way to the vessel which is leeward (the opposite direction of the wind).
- **6.** If you are at risk of colliding with another boat and all else fails, then agreed sailing rules are that whichever boat has the other boat on its starboard side must yield right of way. (The starboard is the right-hand side of the boat when you are facing the front.)
- **7. Any vessel overtaking another** should always keep out of the way of the vessel being overtaken.
- **8.** A sailboat should always keep out of the way of any boat that is: a) not under command, b) restricted in its ability to maneuver, and c)

engaged in fishing

**9. Non-commercial powerboats usually give way to sailboats,** unless the sailboat is overtaking it. However, general sailing instructions are also that sailboats should try to stay out of the way of large vessels that may find it harder to slow or change direction—especially in narrow channels.

### Racing Tip: Go Fast

To any non-sailors reading, this advice this must seem even more like stating the obvious than it does to sailors. After all, in most racing sports the fastest competitor will win the race.

But sailors know better. A sailboat race is different from all those other races because all the sailors in the race don't sail the same course. Yes, we have to sail around the same buoys in the same order. But in between those fixed points of the course we can sail widely different routes and distances. Some will sail over near the shore to find more wind, some will zig and zag on every little change in the wind direction.

So in a sailing race it's a well known axiom that sailing fast will not win you the race if you make the wrong strategic choices and sail in the wrong direction.

Generally, you will not win the race by superior strategy and tactics if your boat is slow. You will only be able to take advantage of that windshift on one side of the course if you recognize that it will be there and you sail fast and get to it before your competition.

And the practical advice that flows from that observation: your first priority if you have some time before the race is to tune up for boat speed not to split tacks with a buddy to check out the favored side of the course. Of course, if you have time it's good to be able to do both.